

# HUMBERSIDE IA

Part of the Ileostomy & Internal Pouch Association

## Newsletter Spring 2020

### COMMITTEE:

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**(Subscriptions to National Office)**

Judith Cook  
Linda Ward  
Mark Norrie  
Trevor Endacott  
David Markham

The organising committee of Humberside IA would like to wish you all a belated Happy New Year and thank you all for your continued support. We realise that many members do not wish to be actively involved with IA but are happy to continue paying their annual subscriptions. We thank you for that as it means we can continue to support new stoma patients and nationally we are able to support a number of important research projects.

### **SUBSCRIPTIONS**

Please note that subscriptions were due on 1<sup>st</sup> January so it would be appreciated if you would pay them as soon as possible. The rates are £10 for those age 60 and over and £15 for under 60.

Please pay subscriptions by one of the following methods :-

- By bank transfer to the following account  
Co-operative Bank PO Box 250, Delf House, Southway,  
Skelmersdale, WN86WT  
Sort Code 08-92-99  
Account Number 65854408  
Account Name IA Branch Pooled
- By cheque made payable to "IA" or "IA Branch Pooled" with the cheque being sent to  
IA National Office, Danehurst Court, 35-37 West Street, Rochford,  
Essex, SS4 1BE  
**PLEASE DO NOT SEND ANY CHEQUES PAYABLE TO HUMBERSIDE IA EITHER TO OURSELVES OR NATIONAL OFFICE AS WE ARE NO LONGER ABLE TO ACCEPT THEM.**
- By Standing order – please contact ourselves or National Office for a standing order form. If you are already paying by standing order and have not yet completed a new standing order payable to National Office, again, please complete a new form. Please send the completed form to your own bank, not to IA.

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Ileostomy & Internal Pouch  
Association

Freephone: 0800 0184 724 | Email: [info@iasupport.org](mailto:info@iasupport.org) | Website: [www.iasupport.org](http://www.iasupport.org)  
President: Professor Neil Mortensen MBChB MD MA FRCS Eng FRCS Glas FRCS Edin

Registered Charity: 1172338 (England and Wales) and SC048658 (Scotland)

- Online, using the existing renewals facility on the website ([www.iasupport.org](http://www.iasupport.org))

**In each case please include your surname and post code as a reference to ensure funds are allocated to the correct person and branch.**

Please contact us if you have any problems or queries about subscriptions. Contact details are on the front page of the Newsletter and in every journal.

### **MEMBERS' GET TOGETHER EVENTS**

As attendance at our members' meetings has diminished over recent years, we decided to try something different. Over the last year or so we have organised a number of short walks followed by optional lunch at a nearby Pub or Café. We intend to try this again during 2020. It's a good opportunity to meet fellow members and a pleasant social event. You and family members would be very welcome to join us but it is essential to let us know as early as possible if you are intending to join us for lunch so we can book early.

- Saturday 28<sup>th</sup> March – A walk around Brough and Elloughton starting at the crossroads in Elloughton, near the Half Moon Pub. Meet at 11.00 for a walk of about an hour.
- Saturday 30<sup>th</sup> May – Meet at the Old Tile Works, Barton upon Humber for a walk along the south bank of the river and around the Far Ings nature reserve. Meet at 11.00 and bring binoculars if you have them.

### **EQUIPMENT DONATIONS**

**JACOB'S WELL** is a charity based in Beverley which collects unwanted medical equipment and ships it to the developing world. If you have any unused or unwanted stoma care items, please donate it to this good cause. Their warehouse is in Beverley, off Swinemoor lane. Drive down the road at the side of Aldi and it's on the left. They also have a shop at 2 Ladygate, Beverley (off Saturday market) as well as shops at 48 The Promenade, Bridlington and 104 Queen Street, Withernsea, where donations can also be dropped off.



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